



Chedgrave MS Therapy Centre



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An Outline of the Centre The Centre was first formed in 1984 and was situated in Great Yarmouth. It operated there, very successfully for two years. In 1986 it was decided to move the chamber to its present site here in Chedgrave, where it has been used ever since.

We do not charge for any treatment, but find users usually donate £10.00 a session. This by no means covers the cost of the Centre and we rely on the great support from the donations and the committee's efforts in fundraising.

At present it costs over £18,000 per year to run, and this goes up every year, like everything else these days.

What is Hyperbaric Oxygen Therapy (HBO)? It is simply people breathing oxygen at a pressure greater than normal. The aim of the treatment is to increase the oxygen intake by up to seven times. To achieve this we must do it under pressure, hence the use of the pressure chamber (see photograph above).

The process (known as a 'dive') is simple. People sit in the chamber, and the pressure around them is increased and oxygen is breathed through a face mask.

Hyperbaric Oxygen Therapy and MS The main objective of any therapy is to limit further damage, rather than a cure. Realistically prevention is what we aim to provide.

There have been many accounts of improvement or stabilization in a variety of neurological functions by HBO therapy in MS. Other noted benefits are improved mobility, co-ordination, speech and daily living. Please feel free to talk to service users and see what they achieve from the sessions.

Other benefits of Hyperbaric Oxygen Therapy

We are primarily a resource for people with MS, but the treatment can aid sporting injuries, post surgery recovery and the healing of broken bones.